



*Christ and the Samaritan Woman,  
Holy Trinity Orthodox Church, Parma, OH*

# **THIRD SUNDAY IN LENT**

**March 15, 2020 | 9:15AM & 11:15AM**

# You Are Welcome

## A Little About St. Paul & the Redeemer

### What Kind of Church Is This?

St. Paul & the Redeemer is a community that seeks to mirror the radical hospitality practiced by Jesus, holding together a progressive outlook and a rootedness in the Christian faith. We are woven of different races, economic statuses, cultural backgrounds, faith backgrounds, gender identities, and sexual orientations, and we are strengthened and enriched by each person's story and voice. SPR honors both faith and doubt, bringing together our highest hopes and our deepest fears.

### SPR Anti-Racism Vision Statement

To mirror the radical hospitality practiced by Jesus and be true to our baptismal covenant, we strive to become a beloved community that reflects on our own racial identities and recognizes racism and privilege in our church and society; works for justice by building relationships and sustained efforts to heal, reconcile, and seek Christ in each other; and acts to interrupt and dismantle white supremacist structures, transforming ourselves and our church to become a living embodiment of justice and peace.

## Let's Get Connected

Fill out one of these cards, which you can find in the backs of the chairs and drop it in the offering basket or give it to a member of the clergy.

OR

Stop by the Welcome Table, which is near the west entrance to the church.

AND

Check-in and follow SPR on social media: [facebook.com/sprchicago](https://www.facebook.com/sprchicago) and [@sprchicago](https://twitter.com/sprchicago)



## Children's Formation

**Nursery, 9:00am-12:30pm** | Professionally staffed nursery care is available during the services for children ages 0-4. The nursery is down the southwest stairs. Changing tables are in the downstairs restrooms and the nursery.

**Children's Chapel, 9:30am-9:45am** | During the sermon at the 9:15am service, children from **preschool to second grade** are invited to a special liturgy in the children's chapel, featuring songs and a Bible story.

**Godly Play 10:20a-11:05a** | Children in preschool through fifth grade are invited to Godly Play **today, Sunday, March 15, at 10:20am to hear the stories: The Faces of Easter III-IV (PreK), The Faces of Easter V-VI (the rest)**. Children are welcome to join Godly Play at any time during the year. To learn more about volunteering with Godly Play, contact director of children's formation Cynthia Bagrowski ([bagrowski@sprchicago.org](mailto:bagrowski@sprchicago.org)).

## Some Helpful Things to Know Today

### Can I receive communion?

Yes. Everyone, without exception, is invited to receive communion.

### When am I supposed to stand?

At any point in the service, it's perfectly fine for you to remain seated as you're comfortable. We do have customary times when we stand or kneel; these are indicated by the italicized instructions throughout the service. There are also times when it is customary to cross ourselves, and if you wish to do so, the + indicates that.

### Are children welcome here?

Yes. Children are invited to participate actively in the service. Also, coloring pages, crayons, and books are at the entrances to the church. Nursery care is available (see "Children's Formation" for details).

### Where are the restrooms?

There are single-user, gender-neutral restrooms down the southwest stairs and also through the northeast door of the sanctuary.

### Is there wheelchair accessibility?

Yes. An accessible restroom is through the northeast door of the sanctuary. There is an elevator which gives access to the first floor, lower level, and parish hall. Everyone is invited to remain seated at any point during the service, as needed.

### How about hearing assistance?

We can help there, too. Hearing-assistance devices are available from the ushers.

## Cover Image

Christ and the Samaritan Woman, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <http://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57300> [retrieved March 10, 2020]. Original source: <https://www.flickr.com/photos/frted/8186047331> - Ted.

## Youth Formation

### No Youth Formation or Youth Group

Sunday March 15th, Liz will be out of town. We will resume Youth activities starting March 22nd.

### Acolyte Training!

If you are a youth parent who want your child to start Acolyting during church, please have your child come to the two Acolyte Trainings on **March 22 and 29 during Youth Formation time, 10:20-11:05am** in the sanctuary.

### God @ the Movies: ONWARD

Come join the youth on an outing to Harper Theater to see the new Pixar movie Onward! **March 22**, time to be determined once movie times released for that day.

### Let's go to the Zoo!

On **March 29** the youth are going to go to the LicoIn Park Zoo! Consider joining us!

As always, Youth events are open to all youth in grades 6-12. For more information contact Liz Koerner at [koerner@sprchicago.org](mailto:koerner@sprchicago.org)



# Welcome to Lent.

## What Is Lent?

Lent is a 40-day season of preparation for Easter. This preparation traditionally includes practices like fasting, almsgiving, confession of sin, and prayer. More broadly, it's a time for simplifying or reordering our lives in order to be more fully alive: One may give up something good in order to better appreciate it after Easter. One may give up something not-so-good in order to eliminate it once and for all from one's life. One may take up a new practice, like daily prayer or scripture reflection or a service project, in order to find new grounding in the life of God.

If you would like guidance about how you might observe this Lent, talk to our rector, Catherine Healy ([healy@sprchicago.org](mailto:healy@sprchicago.org)).

## Our Worship Space

At St. Paul & the Redeemer, we usually worship in the round, with the altar in the center and all of us gathered around it. In Lent, as you can see, we change things up.

One reason we do this is just for the sake of changing things around because that's something that Lent is about: reordering our lives in order to wake up to ourselves and to the world around us a bit more – to unsettle us from our usual habits and perspectives.

The particular arrangement of our space in Lent reflects how many monastic communities worship. Such communities are places of service, fasting, and deep prayer. Lent is our chance to walk in such ways for a season. This arrangement also brings the choir into the midst of us, helping us to sing more boldly.

## Giving in Lent

Our version of "almsgiving" at SPR is financially supporting the important work of two of our partners:

### Teachers' Salaries at St. Patrick's School | Tom Gateau, Haiti

For the sixth year in a row, the money raised for Haiti during Lent is going to pay for teachers' salaries. Each teacher is paid \$1,000 per school year (\$100 for 10 months). This is different from the money we raise for St. Patrick's lunch program, which we raised money for this past fall and plan to do so again this coming fall.

### Choir Program at Shoesmith Elementary School | Kenwood, Chicago

The money raised for Shoesmith during Lent will go to pay for the choir program. The Chicago Public Schools budget does not allow for a robust arts program, and so Shoesmith has contracted with the Chicago Children's Choir to run its choir program. The past two years, SPR has been able to pay for the whole program.

Offering envelopes for both are in the seatbacks.  
Please make checks payable to "SPR" and put "Shoesmith" and/or "Haiti" in the memo.

# THE WORD OF GOD

Throughout the bulletin, the congregation is to say all **bolded** text aloud.

## Prelude

Variations on *New Britain*

Setting: Gwyneth Walker (b. 1947)

## Entrance Hymn

When the bell rings, please stand as able and sing.



Lord, my soul is thirst-ing for a **bles-sing** to-day,— Let thy pres-ence come from a - bove;—




O that thou wouldst rend the heav-ens; and then come down; Let thy spi-rit fall all a - round.—




Lord, my soul is thirst-ing and I want a re-fresh - ing; Lord, my soul is thirst-ing and I need a fresh touch.



Lord, my soul is thirst-ing and I want a re - fresh - ing. Grant me a bless - ing to - day.



Grant me a **bles - ing**, Grant me a **bles - ing**, Grant me a



bles - ing, A **bles - ing** to day, to - day.

*Additional lyrics ad libitum:*

Lord, my soul is thirsting...for a cleansing today.  
for your spirit today.  
for your healing today.

*Lift Every Voice and Sing II #166 "Lord, my soul is thirsting"*

Words & Music: Joseph N. Heard

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# A Penitential Rite

Bless the Lord who forgives all our sins.  
**God's mercy endures for ever.**

*The Choir sings:*

Jesus said: "The first commandment is this: Hear, O Israel, The Lord our God is the only Lord. Love the Lord with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

Music: Charles Rus (b. 1960)

Let us confess our sins against God and our neighbor.

*All kneel or bow.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**Amen.**

*At 9:15, members of the St. Nicholas Choir, and at 11:15, a cantor, will lead all in singing the Kyrie in three parts.*

Group 1  
Ky - ri - e e - le - i - son.

Group 2  
Chris - te e - le - i - son.

Group 3  
Ky - ri - e e - le - i - son.

Words: Greek, Mass Ordinary

Music: "Mercer Kyrie," Marilyn Haskell, adapt. Christian M. Clough

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## The Collect of the Day

*Please stand as able.*

God be with you.

**And also with you.**

Let us pray.

**Almighty God,**

**you know that we have no power in ourselves to help ourselves:**

**Keep us both outwardly in our bodies and inwardly in our souls,**

**that we may be defended from all adversities which may happen to the body,**

**and from all evil thoughts which may assault and hurt the soul;**

**through Jesus Christ our Lord,**

**who lives and reigns with you and the Holy Spirit,**

**one God, for ever and ever. Amen.**

*Please be seated.*

## The Lessons

A reading from the book of Exodus.

*Exodus 17:1-7*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

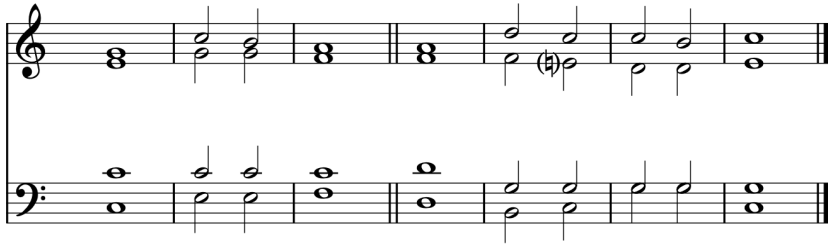
Hear what the Spirit is saying to God's people.

**Thanks be to God.**



The choir sings the first verse. The psalm is then sung together.

Psalm 95



CHOIR Come, let us / sing to • the / Lord; \*  
let us shout for joy to the / Rock of / our sal/vation.  
2 Let us come before his presence / with thanks/giving \*  
and raise a loud / shout to / him with / psalms.  
3 For the Lord is a / grëat / God, \*  
and a great / King a/bove all / gods.  
4 In his hand are the caverns / of the / earth, \*  
and the heights of the / hills are / his al/so.  
5 The sea is his, / for he / made it, \*  
and his hands have / molded / the dry / land.  
6 Come, let us bow down, and / bend the / knee, \*  
and kneel be/fore the / Lord our / Maker.  
7 For he is our God, and we are the people of his pasture and the / sheep of • his / hand. \*  
Oh, that today you would / hearken / to his / voice!  
8 Harden not your hearts, as your forebears did / in the / wilderness, \*  
at Meribah, and on that day at Massah, / when they / tempted / me.  
9 They put me / to the / test, \*  
though / they had / seen my / works.  
10 Forty years long I detested that gener/ation • and / said, \*  
"This people are wayward in their hearts; they / do not / know my / ways."  
11 So I /swore in • my / wrath, \*  
"They shall not / enter • in/to my / rest."

Psalm 95  
Music: Single Anglican Chant by Richard Goodson, Sr. (c. 1655-1718)

A reading from Paul's letter to the Romans.

Romans 5:1-11

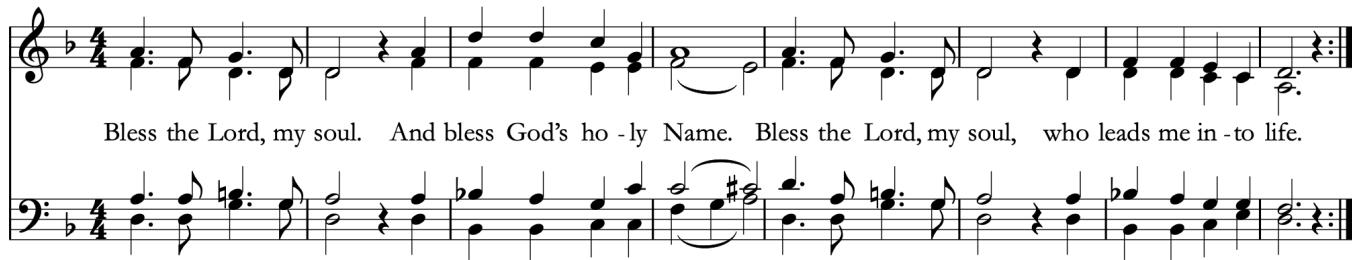
Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

Please stand as able and sing.



Bless the Lord, my soul. And bless God's ho - ly Name. Bless the Lord, my soul, who leads me in - to life.

"Bless the Lord, my soul" (from the Community of Taizé)

Words & Music: Jacques Berthier (1923-1994)

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At the + below, you are invited to trace a cross over your forehead, your mouth, and over your heart.

+ The Holy Gospel of our Lord Jesus Christ according to John.

John 4:5-42

### Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

### Praise to you, Lord Christ.



## Children's Chapel *(@ 9:15 only)*

*Children in preschool to second grade are invited to their own liturgy in the chapel. They will return at the peace.*

*Please be seated.*

## The Sermon

Today's Preacher: The Rev. Catherine Healy, *Rector*

## The Nicene Creed

Let us confess the faith of the Church.

*All stand as able.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, +  
and the life of the world to come. Amen.**

## The Prayers of the People

Dear God, as we make our way through this Lenten season, fraught with anxieties political and medical among others, remind us that true relief comes through your love and human efforts shaped by that love.

Lord, in your mercy,

**Hear our prayer.**

God who sustains the world in part through the church, remind us that our true food is to do your will and complete your work.

Lord, in your mercy,

**Hear our prayer.**

God who sustains the world in part through our human rulers, remind them that the only true response to the suffering of others is not to moralize or diminish or explain it away, but to relieve it.

Lord, in your mercy,

**Hear our prayer.**

God who pulls us out of ourselves and turns us towards the oppressed, lonely and under-resourced, grant that our efforts to dismantle injustice is true living water and not an idol of our own righteousness.

Lord, in your mercy,

**Hear our prayer.**

God of solace, remain with those suffer in body, mind and spirit, including **Isaiah** Stephens, **Josef** Michael Carr, Sr. (father of Josef Michael Carr, Jr.), **Ricky** (friend of Nicholas Bellomy), **Christine** Bellomy (mother of Nicholas Bellomy), **Mary** Naftzger, **Willie** C. Spraggins (aunt of Jo Ann Roberts), **Sally** Wolcott and her family, **Eli** Taylor (brother-in-law of Cheryl Vanorsby), **Rock** Sehr, **William** Starnes, Jr. (brother of Pam Anderson), **Cheryl** Vanorsby, A. **Henry** Randall, Jr. (grandfather of Evan Randall), **Sophie** Dillard (granddaughter of Robert and Sheila Bator), **Naomi** Haynes, **George** Whitley, **Sean** Knight (son of Shirley Knight), **Tim** Sehr, **William** Starnes (father of Pam Anderson), **Jewel** Starnes (mother of Pam Anderson), **Leatrice** Mowatt, **Katherine** Beetle Broadway (family of Tongsards), **Bronwen** O'Wrill (sister of Persis Berlekamp), **Chris** Wiley (cousin of Camille Long), and **Barbara** Brown (sister of Crystal Plummer), as well as their caregivers.

Lord, in your mercy,

**Hear our prayer.**

God of remembrance, extend our loving concern to those we have lost, including **Robert** Morris (3/17, father of Clark Morris), and **Thomas** Christensen, Sr. (3/17/1991, father of Thomas Christensen).

Lord, in your mercy,

**Hear our prayer.**

God of rejoicing, extend your joy to our own celebrations, for the birthdays of **Buc** Rogers (3/15), **Ronne** Hartfield (3/17), **Maureen** Jesuthasan (3/17), **Judi** Jordan (3/17), **Aaron** Brewer (3/18), **Mel** Parks (3/18), **Jennifer** Penn (3/18), **Gomez** Charleston (3/19), **Karlin** Gatton (3/19), and **Peter** De Jong (3/21); and for the anniversaries of **Bryce** Barney & **David** Reinhart (3/16), and **Esther** & **Jon** Foiles (3/21).

Lord, in your mercy,

**Hear our prayer.**

I invite you to offer your own prayers and thanksgivings, ending each with "Lord, in your mercy."

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

Prayers written by Joshua Daniel.

Requests for prayers can be sent to Barnabas Pusnur at [pusnur@sprchicago.org](mailto:pusnur@sprchicago.org).

## The Peace

The peace of Christ be always with you.

**And also with you.**

*All greet one another and return to their seats. At this time of heightened concern about coronavirus transmission, please greet the people around you with a wave, rather than a handshake or hug. Some announcements will be given, but there's much more to find out in the front and back pages of this bulletin.*

# THE HOLY COMMUNION

## Offertory

*Sung by the choir.*

Like as the hart desireth the water-brooks : so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God: when shall I come to appear before the presence of God? My tears have been my meat day and night : while they daily say unto me, Where is now thy God?

Words: Psalm 42:1-3 (BCP 1662)

Music: from *Four Anthems for Chorus and Organ*, 1941, Herbert Howells (1892-1983)

## The Great Thanksgiving

*All stand as the offering is brought to the altar.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*All sing.*

Ho - ly, ho - ly, ho - ly Lord, God of power and might, — Ho - ly, ho - ly,

ho - ly, Lord, God of power and might, — hea - ven and earth are full, —

full — of your glo - ry. Ho - san - na in the high - est. Ho - san - na



in the high - est. Blessed is the one who comes in the name of the Lord.

Ho - san - na in the high - est. Ho - san - na in the high - est.

Music: from *Deutsche Messe*, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)  
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Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit to you be honor, glory, and praise, for ever and ever. **Amen.**

*Book of Common Prayer, 1979, Eucharistic Prayer A.*

As now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
 hallowed be thy Name,  
 thy kingdom come,  
 thy will be done,  
 on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,**

**as we forgive those  
 who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 and the power, and the glory,  
 for ever and ever. Amen.**

# The Breaking of the Bread

Christ our Passover is sacrificed for us.  
Therefore let us keep the feast.

All sing.

Je - sus, Lamb of God: — have mer - cy on — us. — Je - sus, bear - er  
of our sins: have mer - cy on — us. — Je - sus, — re - deem - er,  
re - deem er of — the world: give — us your peace, give — us — your peace. —

"Jesus, Lamb of God" (*Agnus Dei*)  
Music: from *Deutsche Messe*, Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)  
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The gifts of God for the people of God: Holy things for holy people.

*All, without exception, are invited to receive communion. If you want gluten-free bread, tell the priest. If you would like a blessing in place of communion, cross your arms over your chest. If you are unable to come to the altar and would like to receive communion at your seat, tell an usher. The ushers will help each section up to the altar. Don't worry; all will be fed.*

## Healing Prayer

*If you would like to be prayed for individually, you are invited to the area in front of the columbarium (in the southeast corner of the sanctuary) after you have received communion, where a prayer team member will pray with you briefly before you return to your seat.*

All sing.



1. When, like the wo - man at the well, I\_\_ lived with bro - ken\_ dreams,\_\_\_
2. Christ knew my heart, my way - ward ways, yet\_ gave me hope, not\_ fear.\_\_\_\_\_
3. I learned I could for - ev - er live and wor - ship God a - right,\_\_\_\_\_
4. Each day I lift my cup a - bove and\_ once a - gain re - ceive\_\_\_\_\_
5. Since now I am in grace im-mersed, set\_ free, for - giv - en,\_\_\_ whole,\_\_\_\_\_



Christ came to me, good news to tell, of\_\_ ev - er liv - ing\_ streams.\_\_\_\_  
The God I once thought far a - way, I\_\_ could ap - proach, draw near.\_\_\_\_\_  
could trust the power the Spi - rit gives to\_\_ guide me in truth's light.\_\_\_\_\_  
the liv - ing wa - ter of God's love, re - vealed for my be - lief.\_\_\_\_\_  
I share with those who are a - thirst the\_ well - springs of my\_ soul.\_\_\_\_\_

Voices Found #24 "When, like the woman at the well"

Words: Edith Sinclair Downing (1922-2016)

Music: Wayne, CM, CCW Sparks

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Music © 1990 Ralamar Sparks Enterprises. All Rights Reserved. Used by Permission.

All sing.

Musical notation for the first system of the song, featuring a treble and bass clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody is written in a homophonic style with block chords.

The thirst - y\_\_ cry for wa - ter, Lord; The hun - gry\_ plead for bread.\_\_\_\_  
The cup of\_\_ wa - ter poured in love The pangs of\_\_ thirst will still.\_\_\_\_\_  
But help us\_\_ al - so hear the cry Of hun - g'ring, thirst - ing hearts\_\_\_\_\_  
And come to\_\_ us, O ris - en Christ, Our rest - less\_ souls re - lieve;\_\_\_\_\_

Musical notation for the second system of the song, continuing the melody from the first system. It ends with a double bar line.

And man - y\_\_ long to rise\_\_ a - gain Where hope, cast\_ down, lies dead.  
The bread\_ of\_\_ earth you bid\_\_ us\_ share, The fam - ished child can fill.  
For liv - ing\_ wa - ter, bread\_ of\_\_ life Your grace a - lone im - parts.  
And sat - is - fy our starv - ing\_ hearts That we may rise and live.

Hymns for the Gospels #157 "The thirsty cry for water, Lord"

Words: Herman G. Stuempfle (1923-2007)

Music: New Britain, CM, Virginia Harmony, 1831; harm. Edwin O. Excell (1851-1921)

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## **Sending Forth**

*Please stand.*

Let us pray.

**Eternal God,**

**you have graciously accepted us as living members of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food in the Sacrament of his Body and Blood.**

**Send us now into the world in peace, and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.**

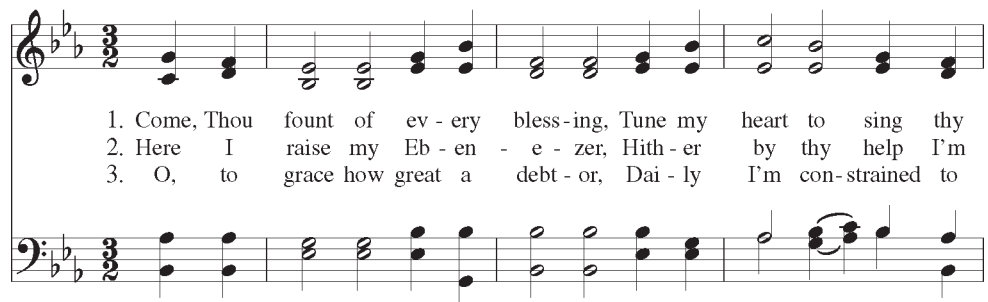
*The Presider says a solemn prayer over the people.*

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore;  
through Christ our Lord.

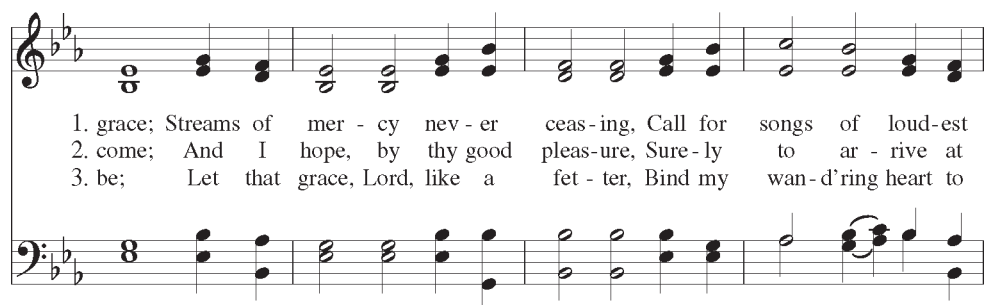
**Amen.**

*The Book of Occasional Services, 2003, Lent 3 Blessing*

All sing.



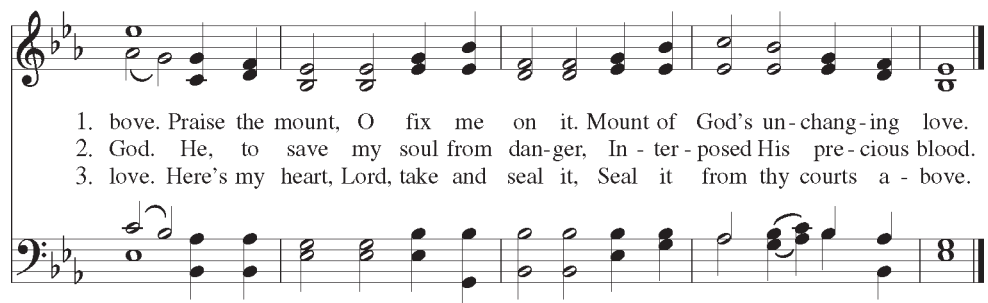
1. Come, Thou fount of ev - ery bless - ing, Tune my heart to sing thy  
2. Here I raise my Eb - en - e - zer, Hith - er by thy help I'm  
3. O, to grace how great a debt - or, Dai - ly I'm con - strained to



1. grace; Streams of mer - cy nev - er ceas - ing, Call for songs of loud - est  
2. come; And I hope, by thy good pleas - ure, Sure - ly to ar - rive at  
3. be; Let that grace, Lord, like a fet - ter, Bind my wan - d'ring heart to



1. praise. Teach me some me - lo - dious son - net, Sung by flam - ing tongues a -  
2. home. Je - sus sought me when a stran - ger, Wan - d'ring from the fold of  
3. Thee. Prone to wan - der, Lord, I feel - it, Prone to leave the God I



1. bove. Praise the mount, O fix me on it. Mount of God's un - chang - ing love.  
2. God. He, to save my soul from dan - ger, In - ter - posed His pre - cious blood.  
3. love. Here's my heart, Lord, take and seal it, Seal it from thy courts a - bove.

*Lift Every Voice and Sing* II #111 "Come, Thou Fount of Every Blessing"

Words: Robert Robinson (1735-1790)

Music: Nettleton, 87. 87. D, melody from *A Repository of Sacred Music, Part II*, 1813; harm. Carl Haywood (b. 1949) from *Songs of Praise*, © 1992.

Go in peace to love and serve the Lord.

**Thanks be to God.**

## Postlude

Fugue (Gigue) in C, *BuxWV 174*

Music: Dieterich Buxtehude (1637-1707)

EPISCOPAL DIOCESE OF CHICAGO

# FROM BISHOP LEE



March 11, 2020

Dear People of God in the Diocese of Chicago:

As the COVID-19 coronavirus continues to spread across our region, I want to commend to you the **resources for limiting the spread of the virus that my staff produced last week** and to offer additional guidance for acting for the good of all, particularly the most vulnerable, during this time.

First, I encourage everyone who is not feeling well and older members of the congregation with underlying medical issues to stay home. No program, liturgy, or ministry is important enough to risk accelerating the spread of the disease and overwhelming the health systems on which the most vulnerable will depend if they fall ill. It is perfectly acceptable for any congregation whose clergy person is feeling sick to conduct lay-led Morning Prayer on any Sunday. Christ is present with us whenever we gather under any circumstances. We have also prepared **resources for worshipping online** in the event that doing so becomes the best option for your congregation.

I also ask that baptismal fonts be drained—an old Lenten custom with new utility—and that offering plates be placed in a central location in the church rather than being passed hand-to-hand. If you are not set up to receive pledge payments and gifts online, now is an excellent time to explore that option.

While I am not asking that congregations suspend the common cup at this time, I urge clergy and lay leaders to explain to worshipers that dipping the bread or wafer in the cup is unsanitary and should be avoided at all costs. Please also know that our theology is clear that when you receive just the bread of the Eucharist, you receive the fullness of the sacrament. Anyone may forgo the cup when receiving communion for any reason. Encouraging people who are able to receive communion standing, rather than kneeling, can help to limit exposure via the altar rail, which should also be cleaned thoroughly and often.

We know from public health officials that we can best protect those who are most vulnerable to this virus by limiting the number of people to whom they are exposed. For that reason, I ask that Eucharistic visitors not be deployed at this time. If pastoral and Eucharistic visits are appropriate, clergy can perform both functions in the same visit and thereby limit exposure.

All of these practices are important to attend to the needs of our worshipping communities. As people of God, we are also bound to care for our communities by providing accurate information about the virus and supporting those who are in need. To that end, I will be convening the deans via Zoom later today to explore ways that congregations can serve as resources for their communities in ways that help slow the spread of the virus. If you would like to explore options for public ministry in the midst of COVID-19, I commend to you this **webinar from Episcopal Relief & Development** scheduled for March 13 at 2 pm Central.

The guidance of public health authorities and what we understand about this virus is changing daily, and so these guidelines may need to change over time. I will be back in touch with you as the situation in our region merits new considerations, and in any event, before Holy Week. Please know that my staff and I are paying close attention to the needs of our congregations and communities during this time, and I invite you to let us know what would be most helpful to you. Please email the **Rev. Courtney Reid**, director of operations, or call her at 312.751.6725.



Finally, I ask you to pray. Among all the changes and chances of this mortal life, please pray for those in greatest need, for wisdom for our civic leaders, for guidance for all of us who have responsibility for our congregations, and for those who are afraid and alone. **Along with Presiding Bishop Michael Curry**, I offer to you this prayer for our time from Episcopal Relief & Development:

God of the present moment,  
God who in Jesus stills the storm  
and soothes the frantic heart;  
bring hope and courage to all  
who wait or work in uncertainty.  
Bring hope that you will make them the equal  
of whatever lies ahead.  
Bring them courage to endure what cannot be avoided,  
for your will is health and wholeness;  
you are God, and we need you.  
*-Adapted from New Zealand Prayer Book, p. 765*

Faithfully,

The Rt. Rev. Jeffrey D. Lee  
Bishop of Chicago

# COMING UP

## 20's/30's Deep Dish about Lent with Lydia

If you are in your 20's or 30's, join us on **Sunday, March 29 at 12:30pm** to dish about Lent with Lydia Gajdel, a self proclaimed Lent lover! We'll have a conversation about what Lent means to the church and to us, while enjoying a meal together. Please RSVP to Julia McMillan (mcmillan013@gmail.com), and include dietary restrictions (Lenten or non-Lenten).

## Acolyte Training

If you are a youth parent who want your child to start Acolyting during church, please have your child come to the two Acolyte Trainings on **March 22 and 29 during Youth Formation time, 10:20-11:05am** in the sanctuary.

## Art Exhibit

The Arts Committee presents "Who made the grasshopper?", an exhibit of photos of small things by Jim Wright. For more information contact Jim Wright (jimphotoguy1@gmail.com).

## Refugee Family Visiting Opportunities

Join us in visiting a family from Syria that has been in Chicago for less than a year: An at-home mom, a father who works as a custodian, and three kids—a girl who is 11 and two boys, ages 7 and 6. They live in the West Ridge/Rogers Park area. At least two visitors are needed from 10 to noon or 2 to 4 for the last three Saturdays in March. There are many openings beyond that in the months to come, but we want to make sure we cover the cover the initial visits. You can sign up in the narthex or by email to rbator@aol.com. For more information or to sign up for the visits, email Bob or Sheila Bator (rbator@aol.com) or call them at 773-930-7124.

## Serve in Children's Ministry

Do you want to get to know the stories of the Bible and of our faith? Do you love seeing and interacting with the children of our parish? Our Godly Play program has a few slots for doorpeople. A doorperson greets the children, helps establish the tone of the classroom, and assists the Storyteller as the class progresses. Godly Play takes place each Sunday, between 10:20 and 11:10. Individual commitments vary, between once a month and three times a month; you can decide what works for you. Training will be provided. If you think you might be interested, consider sitting in on a class and observing. The curriculum is powerful for both the children and the adult leaders. For more details, please contact Cynthia Bagrowski (bagrowski@sprchicago.org).

## Refugee Family Needs

Our partner family from Syria has need of a portable whiteboard (any size), and a television. If you have any of these items you can donate, please email Bob and Sheila Bator (rbator@aol.com).

## SPR Tiny Tots Service

On Saturday, **March 21, from 8:30 to 9:30am**, children ages 0-3 and their parents are invited to a "Tiny Tots" worship service/play group in the Byllesby Room. There will be songs, a Bible story, and time for mingling and free play, with coffee for adults and snacks for all. RSVP to Cynthia Bagrowski: bagrowski@sprchicago.org.

## SPR Groups and Programs

Please consider joining one of these groups or programs. New participants are always welcome.

**Bible Study:** Every Thursday, 10-11am in the Byllesby Room. Contact: Kerstin Wellbery (kara.kerstin@gmail.com).

**Open Kitchen:** The Sunday before the third Monday of each month, 12:30pm in the Kitchen. Contact: Fran Spaltro (pambasilea@gmail.com).

**Letter Writing Ministry:** Every first Sunday of the month at 12:30pm in the St. Cecilia Room. Contact: Julia Rademacher-Wedd (jfrwedd@gmail.com).

**Fiber Arts:** Every second Sunday of the month at 12:30pm in the Byllesby Room. Contact: Rebecca Luttrell (southsideknitter@gmail.com).

**Arts Committee:** Every second Sunday of the month, 12:30pm in the Chapel. Contact: Jim Wright (jimphotoguy1@gmail.com).

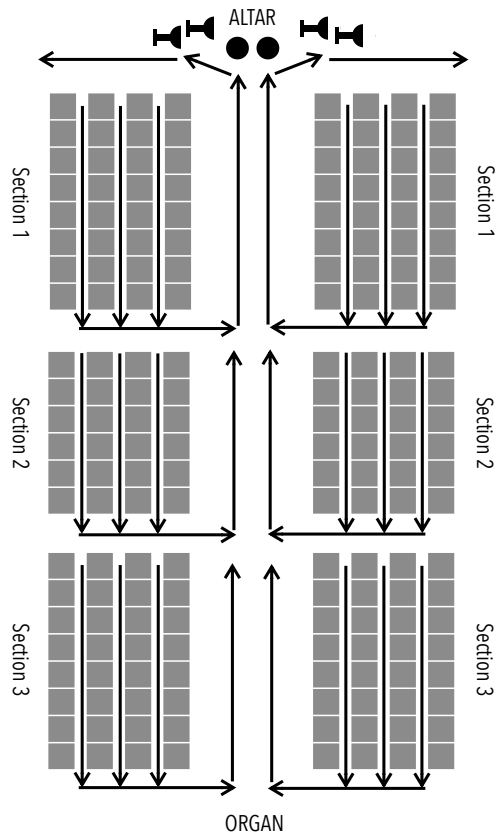
**SPR Choirs:** All experience levels and newcomers welcome.

**St. Nicholas Choir (Kindergarten-2nd grade):** Thursday Rehearsal 6-6:30pm. Contact: Gretchen Eng (eng@sprchicago.org).

**SPR Choristers (3rd Grade and above):** Thursday rehearsal 6-7:30pm. Contact: Christian Clough (clough@sprchicago.org).

**Teen & Adult Choirs:** Thursday rehearsal 7-8:40pm. Contact Christian Clough (clough@sprchicago.org).

## How to Line Up for Communion



### Order for Lining Up

Choir Goes First | Then Section 1 | Then Section 2 | Then Section 3

# Today's Ministers

## Presider

KJ Oh, Shawn Evelyn

## Preacher

Catherine Healy

## Deacons

8 & 9:15: Jack Seymour, Lydia Gajdel

11:15: Jaime Briceño

## Music Leader

Christian Clough

## Acolytes

9:15: Ari Karafiol, Andrew Rostan

## Subdeacon

11:15: Mel Parks

## Lectors

9:15: Steve Heyman, Gabriel Lear

11:15: Nicholas Bellomy

## Prayer Reader

9:15: Joshua Daniel

11:15: Mary Naftzger

## Children's Chapel Leaders

Cynthia Bagrowski, Gretchen Eng

## Chalice Ministers

9:15: Allison Clark, John Omoworare, John Adewoye, Meryl Prochaska

11:15: Tamara Laville, Caroline Oldstone-Jackson, Tayo Adegoke, William Jackson

## Healing Prayer Leaders

9:15: Padma Vundi, Joshua Daniel

11:15: Toni Daniels, Vinita Wright

## Ushers

9:15: Greg Palmer, Vincent Johnson

11:15: Chinyere Agina, Kevin Baldwin

## Vestry Greeter

9:15:

11:15: Kerstin Wellbery

## Altar Guild

9:15:

11:15: Camille Long

## Linen Washer

Janet Underwood

## Communion Bread Baker

Kate Benson

## Hospitality

9:15:

11:15:

# Vestry

## Wardens

Kirk Bagrowski

kbagrows@gmail.com

Twila Jones

tjones11922@gmail.com

## Treasurers

Doug Hoffman

treasurer@sprchicago.org

Tayo Adegoke

tayospr@outlook.com

## Clerk

Jordan Lanfair

jlanfair89@gmail.com

## Vestry Class of 2021

Jonathan Foiles

Robin Charleston

Kate Baldwin

## Vestry Class of 2022

Jeffrey Stackert

Kerstin Wellbery

Jared Beverly

## Vestry Class of 2023

Mike Agina

Traci Beck

Meryl Prochaska

# Staff

## Rector

The Rev. Catherine E. Healy (healy@sprchicago.org)

## Director of Music

Christian M. Clough (clough@sprchicago.org)

## Associate Minister for Ministry & Mission

Barnabas E. Pusnur (pusnur@sprchicago.org)

## Assistant Priest

The Rev. KJ Oh (oh@sprchicago.org)

## Deacon

The Rev. Jack Seymour (jack\_seymour2000@yahoo.com)

## Priest Associate

The Rev. Roger Ferlo (roger.ferlo@gmail.com)

(on leave spring 2020)

## Priest Associate

The Rev. Shawn Evelyn (shawnevelyn@gmail.com)

## Deacon Associate

The Rev. Jaime Briceño (jbriceno@bexleyseabury.edu)

## Deacon Associate

The Rev. Lydia Gajdel (lgajdel@gmail.com)

## Director of Children's Formation

Cynthia Bagrowski (bagrowski@sprchicago.org)

## Director of Youth Formation

Liz Koerner (koerner@sprchicago.org)

## Children's Music Assistant

Gretchen R. Eng (eng@sprchicago.org)

## Sexton

Lukasz Jedrzejewski (lukasz@sprchicago.org)

## Nursery Staff

Jessica Steele, Virginia Woodard

## Staff Singers

Bridget Skaggs, Luther Lewis III, Angela Yu, Earl Hazell



**St. Paul & the Redeemer**

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